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Antiviral activities of *Aporosa lindleyana* Baill

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Abstract

The antiviral activities such as *in vitro* HBsAg binding, HBV-DNA polymerase inhibition, RT (non-isotopic) inhibition, HSV inhibition were studied for the ethanolic extract of the root of *Aporosa lindleyana* Baill. It was found to possess potent *in vitro* HBsAg binding activity. The minimum inhibitory concentration (MIC) was also determined.

Keywords: *Aporosa lindleyana* Baill, HBsAg, HSV inhibition

INTRODUCTION

Aporosa lindleyana Baill. (Fam. Euphorbiaceae) is a tree, the root of which is traditionally given for jaundice, fever, headache, seminal loss and insanity [1]. It is distributed in the Western Ghats of India. 50% ethanol extract of the plant is found to be hypoglycemic [2,3]. β -sitosterol and β -sitosterolglucoside are reported on this plant [4]. Hardly a solitary report is available on *Aporosa* genus mentioning the antiviral activity of *Aporosa villosa* [5]. In this communication, antiviral activities such as *in vitro* Hepatitis B surface Antigen binding, Hepatitis B Virus-Deoxyribo Nucleic Acid polymerase inhibition, Reverse Transcriptase (non-isotopic) inhibition, Herpes Simplex virus inhibition on the root of *A.lindleyana* are presented for the first time.

MATERIALS AND METHODS

Plant material

The root of *Aporosa lindleyana* Baill was collected from Keeriparai area of Kanyakumari District, Tamil Nadu, a part of the Western Ghats of South India in the month of May 2000. The specimens were identified by a taxonomist Dr. V. Chelladurai, Research Officer (Botany), Survey of Medicinal Plants unit, CCRAS, Palayamkottai – 627 002, Tamil Nadu, India and the voucher specimen (No. MSU 001) was submitted at MSU Herbarium, MS University, Tirunelveli, Tamil Nadu, India

Extraction

Dried and ground root of *Aporosa lindleyana* Baill (709g) was successively soxhlet - extracted with light petroleum, chloroform, ethanol and water. Each extract was concentrated in vacuo to dryness yielding: 2.60, 2.80, 8.76 and 8.92%(W/W)respectively. Antiviral screening of the ethanol and aqueous extracts were carried out

Antiviral screening**a) *in vitro* HBsAg binding study**

Equal volume of HBsAg positive plasma and the cold and hot ethanol and aqueous extract (5mg/ml) were mixed and incubated at 37°C for 5 days. The mixture was assayed daily using hepanostika Elisa kits (ELISA KIT HEPANOSTIKA HBsAg Uniform II HBs Ag kit – Organon Technika, Holland) for 5 days. Control tubes containing plasma with a solvent alone were incubated. The binding effect of the extracts were analysed for ELISA procedure conducted every day [6]. Petroleum ether (40°-60°C), benzene and chloroform hot extracts were also subjected for this study. Minimum inhibitory concentration (MIC) was determined for the ethanolic extract upto 72 hrs.

b) HBV – DNA polymerase inhibition study

HBV-DNA polymerase inhibition study was performed according to Lofgren *et al*[7] Both the test and control were spotted in Whatmam DE 81 filter paper and DNA was precipitated by adding cold 5% Trichloroacetic acid and 0.1% pyrophosphate solution. The filter paper was washed thrice with the same solution used to precipitate DNA. It was transferred to scintillation cock-tail and radioactivity was measured. The radioactivity was correlated to HBV-DNA polymerase inhibition assay.

c) RT inhibition (non-isotopic)

RT inhibition study was performed as per the procedure adopted by Gopalakrishnan [8]. The reaction mixture containing first strand reaction buffer sodium pyrophosphate, human placental ribonucleus inhibitor, deoxyribonucleotide triphosphate were added and incubated at 42°C for 40 min acted as a control. In the test, before RT is added to a reaction mixture, it was incubated with the extract and reconstituted in 10% DMSO. The presence or absence of C-DNA band in agarose gel was noted after incubating with reverse transcriptase.

d) HSV inhibition

HSV inhibition assay was carried as per the procedure of Aduma *et al* [9]. The extract was dissolved in Phosphate Buffer Saline (PBS) and centrifuged at 2000 rpm for 10 minutes. The supernatant liquid was filtered in a membrane filter (0.2 micron). The filtrate was used for antiviral studies against Herpes Simplex Virus.

RESULTS AND DISCUSSION

The cold and hot ethanolic and aqueous extracts of the root *A. lindleyana* alone showed positive results in *in vitro* HBsAg binding studies. The minimum inhibitory concentration (MIC) determined for the ethanolic extract was 1.25 mg/ml. No drug in modern medicine is a satisfactory antiviral agent against Hepatitis B. The surface antigen of Hepatiti B is required for the attachment and uncoating of the virus on the target cell. HBs Ag binding ability of a drug would indicate the direct inhibitory impact of the drug on HBV attachment and further complications in viral replication cycle.

Table 1. Antiviral assay of the root of *Aporosa lindleyana* Baill.

Plant extract	Dosage	<i>In vitro</i> HBs Ag binding					HBV- DNA Polymerase inhibition	RT inhibition	HSV inhibition
		24hrs	48hrs	72hrs	96hrs	120hrs			
Aqueous extract (Cold)	5 mg/ml	+	+	+	+	+	-	-	-
Ethanol extract (Cold)	5 mg/ml	+	+	+	+	+	-	-	-
<i>Soxhlet extract:</i>									
Petroleum ether (40° – 60°C)	5 mg/ml	-	-	-	-	-	-	-	-
Benzene	5 mg/ml	-	-	-	-	-	-	-	-
Chloroform	5 mg/ml	-	-	-	-	-	-	-	-
Ethanol	5 mg/ml	+	+	+	+	+	-	-	-
Water	5 mg/ml	+	+	+	+	+	-	-	-
Ethanol extract (hot)	2.5 mg/ml	+	+	+					
	1.25 mg/ml (MIC)	+	+	+					
	0.625 mg/ml	-	-	-					

+ = Positive; - = Negative; MIC = 1.25mg/ml

In the present work, the ethanol and aqueous extracts of *A. lindleyana* were able to uncoat the virus cell efficiently since the result of HBV-DNA polymerase inhibition assay on all graded extracts of *A. lindleyana* were found to be negative, the plant drug is not able to damage viral macromolecular synthesis. The negative results of RT (non-isotopic) inhibition and HSV inhibition indicated that the plant drug was not effective in HIV and HSV infections respectively.

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