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# Free Radical Scavenging Activities of Three Anthrones from *Aloe gilbertii* Reynolds Leaf Latex

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## ABSTRACT

Aloe gilbertii Reynolds, locally known as Eret, is traditionally used for the treatment of several illnesses, including wounds in Ethiopia. Based on its medicinal claims, the leaf latex of A. gilbertii and its constituents were evaluated for their potential antioxidant activity using DPPH assay method. Application of the leaf latex of A. gilbertii on silica gel column chromatography followed by preparative silica gel-TLC led to isolation of three polar anthrones, identified as microdontin A/B (1), Aloin A/B (2) and Aloinoside A/B (3) by spectral data (IR, <sup>1</sup>H, <sup>13</sup>C NMR, DEPT and ESI-MS) as well as by chemical conversion. The leaf latex (IC<sub>50</sub>=18.2  $\mu$ g/mL) exhibited a strong free radical scavenging activities in a dose-dependent manner due to the presence of high concentration of phenolic compounds, such as microdontin A/B (1), aloin A/B (2) and aloinoside A/B (3) in the leaf latex of A. gilbertii. In light of the above results, the present study demonstrates that the leaf latex of A. gilbertii and its constitutes can protect the body from oxidative stress from Reactive Oxygen Species (ROS).

Keywords: Aloe gilbertii, Aloin A/B, Aloinoside A/B, Microdontin A/B, Antioxidant.

## INTRODUCTION

Medicinal plants have *played* an *essential role for treatment of illness* throughout human history. Since earliest times, people have gathered these substances to create herbal medicines to treat certain diseases. Today's plant-based drugs treat a range of diseases, from headaches to cancer [1]. It is estimated by the World Health Organization that up to 80% of people, particularly in developing countries, still rely mainly on traditional remedies of plant origin for their healthcare [2].

The genus *Aloe* comprises about 600 species, of which 46 are indigenous to Ethiopia and Eriterea [3]. The leaves and roots of aloe species are sources of many interesting secondary metabolites which belong to different classes of compounds, including anthraquinones, pre-anthraquinones, anthrones, bianthraquinoids, chromones, flavonoids, coumarins and pyrones [4,5]. Anthraquinone are used as laxative and also in the treatment of fungal skin diseases [6].

*A. gilbertii* is one of the endemic *Aloe* species in Ethiopia grouped together with other succulent shrub aloes such as *A. calidophila* and *A. megalacantha* in the south and eastern Ethiopia, respectively. It is also mainly characterized by erect, ascending or sprawling stems and distinguished from related species by the cylindrical to sub-clavate perianth [7]. *A. gilbertii* leaves are traditionally used for treatment for several illnesses in Ethiopia [8].

As part of our continuing efforts [9,10] in the search for potential biologically active compounds from Ethiopian Aloes, we have isolated and characterized three polar compounds from leaf latex of *A. gilbertii*. These isolates, along with the leaf latex of *A. gilbertii*, were evaluated for their potential antioxidant activity using DPPH assay method.

## MATERIALS AND METHODS

#### General

IR spectra were carried out in KBr plates on a Perkin-Elmer BX (400-4000 cm<sup>-1</sup>) instrument. NMR spectra were recorded on a Bruker Avance DMX400 FT-NMR spectrometer operating at 400 MHz for <sup>1</sup>H and 100 MHz for <sup>13</sup>C at room temperature. Signals were referred to an internal standard TMS. Chemical shifts were reported in  $\delta$  units and coupling constants (*J*) in Hz. ESI-mass spectra were recorded on an Ultimate 3000 LC-MS with negative mode. The source voltage and temperature were fixed at 3 kV and 250°C. 1-diphenyl-2-picrylhydrazl (DPPH) (Sigma). CC: silica gel 60 F (230 ± 400 mesh, Merck). TLC: silica gel 60 F (Merck). Prep. TLC: silica gel 60 F self made plates (Merck); spots and bands were viewed by UV light (254 and 366 nm). TLC and prep. TLC solvent system (CHCl<sub>3</sub>:MeOH; 4:1).

### **Plant material**

The latex of *A. gilbertii* was collected in October 2011 from Jello Kebele, Shashemene Woreda, Arsi Zone, some 250 km south of Addis Ababa, Ethiopia. The plant was authenticated by Professor Sebsebe Demissew, the National Herbarium, Department of Biology (DoB), Addis Ababa University (AAU) where voucher specimen was deposited with collection number AG 01.

#### Leaf latex preparation

The leaf latex of *A. gilbertii* was collected by cutting the leaves near the base and allowing the yellow sap to come down in a plate. The latex was then left in open air for three days to allow evaporation of water, which yielded a yellow powder.

#### Isolation of compounds

The leaf latex was initially fractionated by column chromatography on silica gel eluting with EtOAc-MeOH gradients, followed by prep. TLC using system (CHCl<sub>3</sub>:MeOH; 4:1), resulting in the isolation of three major compounds 1, 2 and 3, with  $R_f$  value of 0.55, 0.35 and 0.16, respectively as shown in Figure 1.

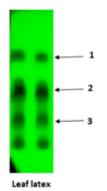


Figure 1: TLC of the compounds isolated from the leaf latex of *Aloe gilbertii* when viewed under UV light of wavelength 254 nm. *Antioxidant activity testing* 

Free radical scavenging activities of the latex and isolated compounds were determined by DPPH assay method as described by Cuendet (1997) [11] where 50  $\mu$ L of various known concentrations of the test samples was mixed with 5 mL of 0.004% methanol solution of DPPH. The mixture was incubated for 30 min at 37°C.

After incubation, the absorbance of the mixture was read at 517 nm using UV spectrophotometer (Jenway Model 6500, England). Tests were carried out in triplicate and average values were taken. Inhibition of DPPH radical was calculated using the equation:

$$I(\%) = \frac{Ao - As}{Ao} \ge 100$$

Where Ao is the absorbance of the control (containing all reagents except the test compound), and As is the absorbance of the tested sample. The  $IC_{50}$  value which represented the concentration of the samples that caused 50% inhibition was determined for all test samples.

### **RESULTS AND DISCUSSION**

Column chromatography of the leaf latex of *A. gilbertii* followed by a preparative silica gel-TLC resulted in isolation of three anthrones, identified as microdontin A/B (1), Aloin A/B (2) and Aloinoside A/B (3) with  $R_f$  value of 0.55, 0.35 and 0.16, respectively as shown in Figure 1.

#### Structural elucidation of the isolated compounds

**Compound 1:** Compound 1 was obtained as a pale yellow amorphous substance with  $R_f$  value of 0.55 (CHCl<sub>3</sub>:MeOH; 4:1). Compound 1 gave a pseudomolecular ion at m/z of 563 in negative-mode ESI-mass spectrum, corresponding to a relative molecular weight of 564 mu. A molecular formula of  $C_{30}H_{28}O_{11}$  was deduced based on ESI-MS, <sup>1</sup>H and <sup>13</sup>C NMR data.

The IR spectrum of compound 1 displayed the presence of hydroxyl (3415 cm<sup>-1</sup>), ester carbonyl (1710 cm<sup>-1</sup>), carbonyl (1635 cm<sup>-1</sup>) and aromatic groups (1603 cm<sup>-1</sup>). <sup>1</sup>H and <sup>13</sup>C NMR spectral data of compound 1 showed a number of signals well above the number of protons and carbons in the molecular formula. However, a close analysis showed some of the signals occurred in pairs, indicating compound 1 is a mixture of two closely related compounds. From the data presented in IR, <sup>1</sup>H-NMR, <sup>13</sup>CNMR, DEPT, ESI-MS and by comparing <sup>1</sup>H and <sup>13</sup>C NMR data of compound 1 with a similar compound reported from other *Aloe microdonta* [12], the structure of compound 1 was deduced as mixture of microdontin A and B, as shown the structure in Figure 2.

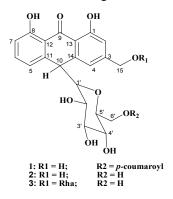


Figure 2: Chemical structures of microdontin A/B (1), aloin A/B (2) and aloinoside A/B (3).

**Compound 2:** Compound 2 was also isolated from the leaf latex as a yellow amorphous solid with  $R_f$  value of 0.35 (CHCl<sub>3</sub>:MeOH; 4:1). A molecular formula of  $C_{21}H_{22}O_9$  was deduced for compound 2 by negative-mode ESI-mass spectrum ( $m/z=417 \text{ [M-H]}^{-}$ ), <sup>1</sup>H and <sup>13</sup>C NMR data. The IR spectrum indicated the presence of hydroxyl (3394 cm<sup>-1</sup>), carbonyl (1635 cm<sup>-1</sup>) and aromatic (1618 cm<sup>-1</sup>) functional groups.

As indicated below in Compounds Data section, the <sup>1</sup>H and <sup>13</sup>C NMR spectral data of compound 2 were similar to that of compound 1, except the absence of coumaroyl moiety in 2. In addition, acid hydrolysis of compound 1 afforded compound 2 (co-TLC). Therefore, as depicted in Figure 2, compound 2 was identified as a known aloin A/B (10-C- $\beta$ -D-glucopyranosyl-1, 8-dihydroxymethyl-9-anthracenone) by comparing its <sup>1</sup>H and <sup>13</sup>C NMR data with the same compound reported from *Aloe excelsa* [13].

**Compound 3:** Compound 3 was isolated as a yellow amorphous solid from the leaf latex of *A. gilbertii* with  $R_f$  value of 0.16 (CHCl<sub>3</sub>:MeOH; 4:1). ESI-mass spectrum of compound 3 showed a pseudomolecular ion at m/z 563 in the negative mode, corresponding to a relative molecular weight of 564 mu. This along with <sup>1</sup>H and <sup>13</sup>C NMR data gave a molecular formula  $C_{27}H_{32}O_{13}$  for compound 3.

Compound 3 exhibited a pattern of signals in the <sup>1</sup>H and <sup>13</sup>C NMR spectra similar to that of compound 2, except for the presence of additional signals due to a rhamnose moiety. The presence of an *O*-rhamnose unit in compound 3 was confirmed by conversion of compound 3 to 1 on acidic hydrolysis. Complete assignments of protons and carbons are listed below in Compounds Data section. From the spectroscopic data obtained for compound 3 and comparison of the NMR chemical shifts those reported in the literature [14,15], compound 3 was identified as 10-glucopyranosyl-1, 8-dihydroxy-3-(rhamnopyranosyl-hydroxymethyl)-9(10H) -anthracenone, commonly called aloinoside A/B (3).

Acid hydrolysis of 1 and 3: A solution of compound 1 (10 mg) in 2% methanolic HC1 (3 mL) was stirred for 6 hours at room temperature. After removal of the solvent, the reaction mixture was neutralized with 10% NaHCO<sub>3</sub> and extracted with EtOAc to give 5 mg of 2 (co-TLC and <sup>1</sup>H NMR). Likewise, acid hydrolysis was carried out with compound 3 to afford compound 2 (co-TLC and <sup>1</sup>H NMR).

**Compounds data:** *Microdontin A/B (1)*: A pale yellow amorphous substance;  $R_f$ =0.55 (CHCl<sub>3</sub>:MeOH; 4:1); IR cm<sup>-1</sup>: 3415, 1710, 1635, 1603; -Ve ESI-MS *m/z*: 563 [M-H]<sup>-</sup>, indicating a relative molecular weight ( $M_r$ ) of 564 ( $C_{30}H_{28}O_{11}$ ); <sup>1</sup>H NMR  $\delta$  ppm: 12.01/12.09 (2H, *s*, 1-OH), 11.88/11.94 (2H, *s*, 8-OH), 6.77/6.92 (2H, *d*, H-2), 7.16/7.25 (2H, *brs*, H-4), 7.10/7.26 (2H, *d*, H-5). 7.58/7.60 (2H, *d*, H-6), 6.71/6.90 (2H, *brs*, H-7), 4.53/4.57 (2H, *d*, H-10), 4.60 (4H, *s*, H<sub>2</sub>-15), 2.95-4.30 (14H, *m*, *C*-Glucose), 7.35 (4H, *d*, *p*-coumaroyl H-2" and H-6"), 6.82 (4H, *d*, *p*-coumaroyl H-3" and H-5"), 7.44/7.46 (2H, *d*, *p*-coumaroyl H-7"), 5.84/5.95 (2H, *d*, *p*-coumaroyl H-8"), 10.06 (2H, *brs*, *p*-coumaroyl 4"-OH); <sup>13</sup>C NMR  $\delta$  ppm: 160.12/160.17 (C-1), 112.81/113.30 (C-2), 152.41/152.67 (C-3), 117.97/118.46 (C-4), 120.45/121.11 (C-5), 136.39 (C-6), 115.98/116.22 (C-7), 161.92/162.00 (C-8), 193.26/193.36 (C-9), 45.03/45.28 (C-10), 142.67/143.00 (C-11), 115.38/116.18 (C-12), 115.38/116.18 (C-13), 142.67/143.00 (C-14), 62.83/62.91 (C-15), 61.77-83.73 (*C*-Glucose), 125.67 (*p*-coumaroyl C-1"), 129.15/130.57 (*p*-coumaroyl C-2"),116.35 (*p*-coumaroyl C-3"),162.06/162.40 (*p*-coumaroyl C-4"),116.35 (*p*-coumaroyl C-5"),132.06/130.62 (*p*-coumaroyl C-6"),144.61/144.81 (*p*-coumaroyl C-7"), 114.34/114.42 (*p*-coumaroyl C-8"),167.43 (*p*-coumaroyl C-9").

*Aloin A/B* (2): A pale yellow amorphous substance;  $R_f = 0.35$  (CHCl<sub>3</sub>:MeOH; 4:1); IR cm<sup>-1</sup>: 3394, 1635, 1618; -Ve ESI-MS *m/z*: 417 [M-H]<sup>-</sup>, indicating a relative molecular weight ( $M_r$ ) of 418 ( $C_{21}H_{22}O_9$ ); <sup>1</sup>H NMR δ ppm: 11.85/11.89 (2H, *brs*, 1-OH), 11.79/11.80 (2H, *brs*, 8-OH), 6.83/ 6.85 (2H, *brs*, H-2), 7.01/ 7.02 (2H, *d*, H-4), 7.06/ 7.08 (2H, *dd*, H-5), 7.54/ 7.55 (2H, *t*, H-6), 6.88/ 6.89 (2H, *dd*, H-7), 4.57 (2H, *s*, H-10), 4.81/4.91 (4H, *s*, H<sub>2</sub>-15), 2.72-3.99 (*C*-Glucose); <sup>13</sup>C NMR δ ppm: 161.21/161.38 (C-1), 112.77/113.10 (C-2), 151.80/152.60 (C-3), 116.67/118.26 (C-4), 119.36/120.7 (C-5), 136.5/135.68 (C-6), 115.85/116.20 (C-7), 161.58 (C-8), 193.83 (C-9), 44.31/44.61 (C-10), 146.08/146.30 (C-11), 117.49/117.81(C-12), 116.26 (C-13), 142.25/142.47 62.82/62.85 (C-15), (C-14), 60.27-85.60 (*C*-Glucose).

*Aloinoside A/B (3)*: A pale yellow amorphous substance;  $R_f = 0.16$  (CHCl<sub>3</sub>:MeOH; 4:1); IR cm<sup>-1</sup>: 3400, 1618, 1600; -Ve ESI-MS *m/z*: 563 [M-H]<sup>-</sup>, indicating a relative molecular weight ( $M_r$ ) of 564 ( $C_{27}H_{32}O_{13}$ ); <sup>1</sup>H NMR  $\delta$  ppm: 11.84/11.85 (2H, *brs*, 1-OH), 11.79/11.80 (2H, *brs*, 8-OH), 6.84/6.85 (2H, *brs*, H-2), 7.00/ 7.05 (2H, *brs*, H-4), 7.07/ 7.08 (2H, *d*, H-5), 7.55/ 7.58 (2H, *t*, H-6), 6.88/ 6.91 (2H, *d*, H-7), 4.53/ 4.60 (2H, *brs*, H-10), 5.05/5.08 (2H, *s*, H<sub>2</sub>-15), 2.70-4.82 (C-Glucose), 0.95-5.25 (*O*-Rhamnose); <sup>13</sup>C NMR  $\delta$  ppm: 161.24/161.33 (C-1), 113.93/114.10 (C-2), 146.93/147.69 (C-3), 115.90/116.22 (C-4), 119.36/120.72 (C-5), 135.80/136.68 (C-6), 117.63/119.14 (C-7), 161.43 (C-8), 193.80 (C-9), 44.45/44.51 (C-10), 146.04/146.35 (C-11), 116.10/116.71 (C-12), 116.80/117.51 (C-13), 142.27/142.57 (C-14), 61.82 (C-15), 61.79-85.46 (*C*-Glucose), 18.42-100.29 (*O*-Rhamnose).

### Free radical scavenging activity

The DPPH method is one of the many antioxidant models, widely used as a reliable tool to measure free radical scavenging activity of plant extracts and their constituents [16]. The results depicted in Table 1 demonstrated the strong ability of the latex of *A. gilbertii* to act as an electron or hydrogen atom donor in a dose-dependent manner with a ranging of 26.5-64.0 % for the tested concentrations of 12.5-100  $\mu$ g/mL. The IC<sub>50</sub> of the latex in this assay was found to be 18.2  $\mu$ g/mL, while that of ascorbic acid was 4.6  $\mu$ g/mL. This free radical scavenging effect of the leaf latex of *A. gilbertii* was comparable with other species of *Aloe* from Ethiopia [9,17].

**Table 1**: The IC<sub>50</sub> values of the leaf latex of *Aloe gilbertii* and its constituents in DPPH assay in comparison with ascorbic acid (reference sample).

Test substances	IC <sub>50</sub> values (µg/mL)
Leaf latex	18.2
Microdontin A/B (1)	14.3
Aloin A/B (2)	56.7
Aloinoside A/B (3)	83.5
Ascorbic acid	4.6

Note: All experiments were performed in triplicate and average values were taken.

All the isolated compounds exhibited a free radical scavenging property in a dose-dependent manner, of which microdontin A/B (1) ( $IC_{50}$ =14.3 µg/mL) was found with the highest activity. This might be due to the presence of additional phenolic group (*p*-coumaroyl unit) as the part of the structure in microdontin A/B. Aloinoside A/B (3), on the other hand, showed relatively weaker activity ( $IC_{50}$ =83.5 µg/mL). The observed reduction of DPPH by the latex and the isolated compounds was either due to the transfer of a hydrogen atom or the transfer of an electron. Since phenols are very important plant constituents because of their scavenging ability due to their hydroxyl groups and may contribute directly to antioxidative action [18]. Therefore, strong free radical scavenging activity of the latex may be due to the presence of high concentration of phenolic compounds, such as microdontin A/B (1), aloin A/B (2) and aloinoside A/B (3) in the leaf latex of *A. gilbertii*. Antioxidant potential displayed by the leaf latex of *A. gilbertii* might help to reduce the oxidative stress which further prevents the occurrence of other diseases.

## CONCLUSION

In the present study, three anthrones, microdontin A/B (1), aloin A/B (2) and aloinoside A/B (3), were isolated and identified from the leaf latex of *A. gilbertii*. It is interesting to note that all three constituents were found to have free radical scavenging activities due to the presence of phenolic groups. The highest free radicals scavenging activities was recorded for microdontin A/B because of the presence of additional phenolic group (*p*-coumaroyl unit) as the part of the structure in microdontin A/B. This, together with the obtained results, suggests that the free radical scavenging activity of the latex and its constituents increases as the dose increases. In light of the above results, the present study demonstrates that the leaf latex of *A. gilbertii* and its constitutes can protect the body from oxidative stress from *Reactive* Oxygen Species (*ROS*).

Supplementary data: IR, ESI-MS, <sup>1</sup>H, <sup>13</sup>C, DEPT-135 NMR spectra data for all compounds are included in the supplementary data.

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